

## 2022-2023 Section 1 Modified Girls Rules

The current year NCAA Women's Basketball Rules and NYSPHSAA adopted modifications will apply.

**IF A TEAM HAS UNDER 12 PLAYERS, ONLY 4 QUARTERS ARE TO BE PLAYED. All players must play in the game.**

**5 Period;** Squad A will play quarters 1, 3, & 5; squad B will play quarters 2 & 4. No halftime 1 minute between periods

**Otherwise:** 4 periods: 1 minute between 1st/2nd and 3rd/4th. 5 minutes between 2nd/3rd.

**Switch Ends:** After 2nd period (all 4 or 5 period games)

**Period length** - 7 minutes stop time.

**Defense:** - Until MLK Day: only "man to man" defense may be used. NO PRESS until last 2 minutes of game or overtime.

After MLK Day, any defense (including press) can be used at any time in game.

**Ball Used** - Girl's ball,

**Shot Clock** – None.

**Overtime;** (1) 4-minute period. If still tied game ends in tie.

**10-Second Backcourt** – Standard NCAA rules apply.

**3 Point Shot** – The 3-point field goal can be used if the facility has appropriate markings.

**Time Outs** - 6 full per game. 2 for overtime, No carryover

**Bonus** – On the fifth team personal foul, teams will shoot a one & one. Fouls will be cleared after each period.

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